ADHD:

Attention Deficit-Hyper activity Disorder

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Symptoms and Diagnosis



Inattention

- Unable to properly attend to details, or frequently makes careless errors
- · Finds it hard to maintain attention
- · Fails to listen when spoken to by others
- · Fails to carry out instructions and finish work
- · Disorganized
- · Dislikes or avoids mentally effortful work
- · Loses items that are needed for successful work
- · Easily distracted by irrelevant stimuli
- Forgets to do many everyday activities.

Hyperactivity/Impulsivity

- · Fidgets, taps hands or feet, or squirms
- · Inappropriately wanders from seat
- Inappropriately runs or climbs
- Unable to play quietly
- In constant motion
- Talks excessively
- Interrupts questions during discussions
- · Unable to wait for turn
- · Barges in on others' activities or conversations.

Combined

Both symptoms of inattention and Hyperactivity/impulsivity



Demographic Statistics and Prevalence



ADHD occurs in most cultures in about 5% of children and about 2.5% of adults.

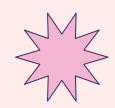
- More frequent in males than females, 2:1 in kids and 1.6:1 in adults
- Females are more likely to present inattentive symptoms.
- Very inheritable through genetics and can be developed because of







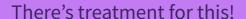






WHOA!















Treatment

 Medication: amphetamine, methylphenidate

- Psychotherapy: Behavioral therapy, CBT

- Adjunctive psychotherapy







ADHD Among Cultures





Cultural Issues

- Differences in ADHD prevalence rates across regions appear attributable mainly to different diagnostic and methodological practices.
- However, there also may be cultural variation in attitudes toward or interpretations of children's behaviors. Clinical identification rates in the United States for African American and Latino populations tend to be lower than for Caucasian populations. Informant symptom ratings may be influenced by cultural group of the child and the informant suggesting that culturally appropriate practices are relevant in assessing ADHD.





AT-HOME TESTING POSSIBILITIES

ADHD				
В	ı	N	G	0
must shake leg	needing to climb everything	sensory overload meltdown	talking too fast	pen clicking
can't think. too hungry.	"I'm sorry, what?"	needing to touch everything	"what did I come in this room for"	trying to do work, but There's a cat
what is sleep	hyper focus on the wrong thing	spacing out	200 unfinished projects	must rub this thing on face
here comes depression	"drink some coffee" "I'll fall asleep"	"where the hell is my?"	forgetting EVERYTHING	gotta wiggle
stares at wall for 5 hours	getting distracted by a leaf	"too boring. can't do it."	"ooh, bright colors"	"can u repeat that? I wasn't paying attention"





